

Emmaus Small Group: YouTube Introduction Series

Session 2: The Conversation

***During the beginning social time, ask how the previous session challenge went.**

Individual Challenge from the past week:

Pray/Reflect on three questions (consider speaking with close friends and family about these questions)

1. How have you been blessed by others joining you in your journey of life?
2. How have you been a blessing to others on their journeys?
3. What is one positive spiritual difference you would like to see in yourself a year from now?

Opening Prayer:

Begin with a brief moment of silence shaking off any and all distractions or difficulties of the day and remembering that God is always with us.

Read: Hebrews 10: 23-25

After the Reading Conclude with this prayer:

Heavenly Father, we thank you for the gift of community and fellowship. We thank you for vulnerably offering yourself in relationship with us through your Son Jesus Christ. Help us to be open to your word and example as we seek to form lasting and fulfilling relationships. Help us to see and love others just as You see and love others. We pray for all these things in Gods Holy name. Amen.

YouTube Video: Mike Chamberland (8:08 Min) -

https://youtu.be/uMpU_XU2Qfg?list=PL26Izh_ym_HN4May4YSXU9vSu2WtnxqSt

Small Group Questions:

1. Are there any initial thoughts/feelings the video brought up for you?
2. What do you think about the video statement about, “the secret of deep and authentic relationships is vulnerability?”
3. What do you think/feel are some of the main reasons people struggle with vulnerability at all?
4. **LEADER:** take a moment to mention and review the Group Covenant with everyone. What does everyone think? Anything seem unfair or anything that should be added?
5. Is there some aspect of participating in these Small groups that make you nervous or uneasy?
6. What do you think or feel about the open chair policy?

Individual Challenge for the week:

Reflect on how vulnerable you are with the people in your life:

1. Have there been times you may have inadvertently stopped others from being, or wanting to be vulnerable with you?
2. How can vulnerability help take any of my current relationships to the next level?

Closing Prayer: (Please refer to your prayer guide for additional ideas and suggestions if needed.)

Heavenly Father, create in us a hunger to go outside of our comfort zones and grow with one another and with you. In your loving name, Amen.