

Episode II

TOPICS COVERED:

- Receptive Discipleship
- Running to the Sacraments
- Prayer & Study
- Reading Sacred Scripture

QUESTIONS FOR REFLECTION & PRAYER:

- Why do I attend Mass...really?
- Do I currently perceive my habits of faith as something just for me (between me and Jesus) or do I also see these habits as something for the sake of others, as well?
- What habits discussed in this video might I consider committing to more often, so as to form a habit in my own life?

ADDITIONAL RESOURCES:

Quote to Reflect On:

“God became man so that man could become God.” - St. Athanasius
Catechism of the Catholic Church #460

Sacred Scripture:

Divinization - 2 Peter 1: 3-11

Friendship with God - John 15:15

Books:

[*You Can Understand the Bible by Dr. Peter Kreeft*](#)

[*Word on Fire Bible*](#)

Summary

This Discipleship Series is obviously not exhaustive, and there is far more that could be said and covered. It's desired that this series, coupled with this reflection guide, act as a catalyst for reflection and developing a hunger to grow as intentional disciples of Jesus Christ.

Episode I

We are invited to become disciples of more than just another spiritual teacher or sage. We are also called to more than just following teachings and axioms. Intentional disciples seek to personally know and follow Christ so as to BECOME “Christ” (anointed) for this hurting world.

Episode II

We begin our path of intentional discipleship by communing with God and allowing ourselves to be filled with His grace. We do this most especially through the reception of the Sacraments, prayer, study and regularly reading Sacred Scripture to know Christ.

Episode III

Our intentional discipleship continues to develop as we make ourselves docile to the promptings of the Holy Spirit through discerning His will in our lives and by cultivating active lives of virtue.

Episode IV

Intentional discipleship is never just for the sake of the disciple but rather so that the love and grace of God may be poured out to others through that disciple’s words and actions. This “pouring out” begins through active and Spirit-led listening to others and accompanying them in their own journey of faith.

Episode V

Intentional disciples are ready and guided to verbally share the hope that is within them. They are prepared to invite others to know the same Christ whom they know and follow. Sharing their hope is most powerful when told in story form. The story to begin with is simply how God has powerfully and personally operated in your own life.

Notes:

Notes: