



Week Leading up to 2.28.21: Vision

***{Start with reviewing the previous Meetings Challenge or discuss prior to sharing this week's challenge.}**

Let's Begin: Think about how the challenge went for the last session. What went well? What was difficult?

Opening Prayer:

Begin with a brief moment of silence shaking off any and all distractions or difficulties of the day and remembering that God is always with us.

Read: Mk 9:2-10

After the Reading Conclude with this prayer:

Just as Jesus was transformed, we wish also to be transformed into the people You call us to be. We submit to Your will; mold us into the Saints You call us to become. Amen.

Reflection or Discussion Question:

1. Even Jesus was transfigured when He went to His Father. Do you feel/think God can transform you as well?

YouTube Video: Developing a Clear Vision in Life with Fr. Schmitz (7:12)

<https://www.youtube.com/watch?v=2O4Ffgl6cWs&t=1s>

Reflection or Discussion Questions:

2. Have you ever had a vision to accomplish something and taken steps to implement that vision? Was it exciting, scary, empowering, stressful? Did you do it alone or with others?
3. Have you ever felt that you waste time or that you're drifting through life aimlessly? Have you done anything to make changes if/when you realized this?
4. When was the last time you spent time with God asking Him what His vision for your life is?
5. Do you believe that the devil tempts us to waste our time or are we solely accountable for how we utilize our time?
6. Fr. Schmitz indicates that first we need to have a clear vision and then make decisions on how to make the vision happen. What suggestions would you offer to someone that has a difficult time making decisions that require change?
7. What would it mean for you to live a life full of meaning? What would that look like?

Session Challenge:

- Make this a Lent you will never forget and implement these steps that Fr. Schmitz recommended:
 1. Ask God to clearly place a vision on your heart of what He wants you to look like in a year. Write down what He tells you and what this version of yourself would be like. Also, consider how you would feel if changed by this vision.
 2. Next, consider what decisions you need to make to work with God in implementing this vision. What are the current obstacles preventing me from reaching the vision?
 3. Take one positive step this week that would help you to become the person God has created you to be.

Closing Prayer: (Leaders: We recommended offering time during the closing prayer for participants to offer personal intentions.)

Dear God the Father, You ask us to give ourselves fully to You so that we can be transformed. May we follow Your son, Jesus' example on how to live lives full of meaning. Give us the courage to say "no" to the obstacles that keep us from having a clear vision of who You call us to be and protect us from the devil's temptations. We call on all the angels and saints in heaven to intercede for us that we may become fully alive in mind, spirit, and deed for You. In Your loving name. Amen

{Optional additional Readings} Sunday Reading 1: Gn 22:1-2, 9a, 10-13, 15-18 Sunday Reading 2: Rom 8:31b-34