



## Relationship with God - Session 7: On The Holy Spirit

**\*{Start with reviewing the previous Meetings Challenge or discuss prior to sharing this week's challenge.}**

**Opening Prayer:** Begin with a brief moment of silence shaking off any and all distractions or difficulties of the day and remembering that God is always with us.

**Read: Galatians 5:13-26**

After the Reading Conclude with this prayer: (Optional – Leader may distribute copies of this prayer to each group member to pray together as a group. Print the 2nd sheet included to distribute)

Come, Holy Spirit. Prayer

*Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.*

*V. Send forth your Spirit and they shall be created.*

*R. And you shall renew the face of the earth.*

*Let us pray.*

*O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant us in the same Spirit to be truly wise and ever to rejoice in His consolation. Through Christ our Lord. Amen.*

**Reflection or Discussion Question:**

1. How is the Holy Spirit described in this reading? Who is the Holy Spirit to you?

**YouTube Video:** Bishop Barron on the Holy Spirit (12:02 Min) - <https://youtu.be/1INut0Gi09Q>

**Reflection or Discussion Questions:**

2. Which fruits do you most readily see in your life? Which ones do you wish you saw more of? (Love, Joy, Peace, Patience, Kindness, Generosity, Faithfulness, Gentleness, and Self-Control)
3. What does it mean to you to be “spiritual?”
4. When have you felt true joy?
5. How can someone look at frustrating, irritating, or painful experiences as an occasion for love?
6. In what ways can someone be generous other than money?
7. How do you regularly welcome the Holy Spirit into your heart?
8. Was there anything else that stood out to you from this video that we haven’t discussed?

**Session Challenges:** {Choose one or both}

- Take time this week to talk to the Holy Spirit and ask Him to come more deeply into your life.
- Read Catechism of the Catholic Church sections [691-704](#), [737-741](#)

**Closing Prayer:** (Leaders: We recommended offering time during the closing prayer for participants to offer personal intentions.)

*Dear Holy Spirit, You are the love that connects the Father and Son. Breathe a renewed vigor into our desire to draw closer to God the Father and His son, Jesus Christ. Help us to want the good of another, not for our own sake but for the sake of the other. Help us to see our interactions with others as an occasion for love. Make visible the path that will allow us to be the most generous. Help our faith to mature and help us to order our physical and spiritual energy to love. Holy Spirit, we desire Your peace and joy. Come, Holy Spirit, come. Renew our hearts and enkindle in us the fire of Your love. Amen.*

### **Come, Holy Spirit. Prayer**

*Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.*

*V. Send forth your Spirit and they shall be created.*

*R. And you shall renew the face of the earth.*

*Let us pray.*

*O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant us in the same Spirit to be truly wise and ever to rejoice in His consolation. Through Christ our Lord. Amen.*

### **Come, Holy Spirit. Prayer**

*Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.*

*V. Send forth your Spirit and they shall be created.*

*R. And you shall renew the face of the earth.*

*Let us pray.*

*O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant us in the same Spirit to be truly wise and ever to rejoice in His consolation. Through Christ our Lord. Amen.*

### **Come, Holy Spirit. Prayer**

*Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.*

*V. Send forth your Spirit and they shall be created.*

*R. And you shall renew the face of the earth.*

*Let us pray.*

*O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant us in the same Spirit to be truly wise and ever to rejoice in His consolation. Through Christ our Lord. Amen.*

### **Come, Holy Spirit. Prayer**

*Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.*

*V. Send forth your Spirit and they shall be created.*

*R. And you shall renew the face of the earth.*

*Let us pray.*

*O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant us in the same Spirit to be truly wise and ever to rejoice in His consolation. Through Christ our Lord. Amen.*

### **Come, Holy Spirit. Prayer**

*Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.*

*V. Send forth your Spirit and they shall be created.*

*R. And you shall renew the face of the earth.*

*Let us pray.*

*O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant us in the same Spirit to be truly wise and ever to rejoice in His consolation. Through Christ our Lord. Amen.*