



Week Leading up to 3.6.22: Right and Wrong Worship

***{Start with reviewing the previous meeting's challenge or discuss prior to sharing this week's challenge.}**

Let's Begin: Think about how the challenge went for the last session. What went well? What was difficult?

Opening Prayer:

Begin with a brief moment of silence. Shake off any and all distractions or difficulties of the day and remember that God is always with us.

Read: Lk 4:1-13

After the Reading Conclude with this prayer:

Dear Jesus, You understand our human nature and the temptations we face. Give us the eyes to recognize temptation and evil, especially temptation of the flesh and the sin of pride. Give us the strength to turn away from all sin and center ourselves on You. May we always worship You alone with willing hearts. Amen.

Reflection or Discussion Question:

1. In today's reading we hear how the devil tempts Jesus. Jesus responds to the temptation of being given glory and power with "You shall worship the Lord, your God, and him alone shall you serve." Why do you think/feel Jesus responds this way?

Leader Note: Please let your group know that this video especially ties into the 2nd temptation regarding worship that we heard in the Gospel today.

YouTube Video: Bishop Barron on Why Being Good Is Not Enough (10:32 min) <https://youtu.be/vXLZQUhCE3g>

Reflection or Discussion Questions:

2. Bishop Barron talks about three forms of formation found in Exodus: spiritual, moral and liturgical formation. Why do you think that society views moral formation as more important than liturgical formation? What happens when the two are separated?
3. What are your thoughts on the concept of "It doesn't matter what you believe or how you worship if you are a good person"? What are some of the pitfalls of thinking this way?
4. Just as the devil tempted Jesus with power and glory, He tempts us as well. When we sin, we choose power and glory for our own good over God. How has attending specific community rituals (i.e. Mass) helped you to re-align yourself to God will versus sinning? Are there other traditions, sacraments or rituals that help you to stay aligned to Gods will as well?
5. Have you struggled with going back to Mass in person due to fear of Covid-19?
6. Do you know anyone that considers attending Mass online just as good as attending in person? What do you think/feel is the difference between attending Mass online versus in person?
7. Have you focused on growing in each of these three areas in your faith formation (spiritual, moral, liturgical)? If so, what did you specifically do? If not, what can you do differently?

Session Challenges: {Choose one or both}

- Make a specific plan to implement something to help you grow in one of these 3 areas in your faith formation: spiritual, moral or liturgical. Take a small step. Make it something doable, write down your plan, and add a specific step you will take to accomplish this plan.
- To help grow in understanding of the Mass, do some research on your own. A great article to start with is here: <https://stpeter.us/holy-mass-explained/>

Closing Prayer: (Leaders: We recommended offering time during the closing prayer for participants to offer personal intentions.) *Dear Lord, You are our one and only God. In this broken world, there are so many temptations. Create in us a rightly ordered disposition to properly worship You at Mass. Align our minds and hearts to Your Divine splendor when we touch You both spiritually and physically in the true gift of the Eucharist. Amen.*

{Optional additional Readings} Sunday Reading 1: Dt 26:4-10; Sunday Reading 2: Rom 10:8-13