



## Week Leading up to 6.5.22: Living Out Pentecost

**\*(Start with reviewing the previous meeting's challenge or discuss prior to sharing this week's challenge.)**

**Let's Begin:** Think about how the challenge went for the last session. What went well? What was difficult?

### **Opening Prayer:**

Begin with a brief moment of silence shaking off any and all distractions or difficulties of the day and remembering that God is always with us.

Read: **Jn 20:19-23**

After the Reading Conclude with this prayer:

*Thank You, Jesus, for sending the Holy Spirit to strengthen the apostles with courage and fortitude. Holy Spirit, we ask You to come into this space today. May we be docile to You in our minds, hearts, and speech. In Jesus' name we pray. Amen.*

### **Reflection or Discussion Question:**

1. In the Gospel we hear that Jesus breathed on the apostles and said for them to receive the Holy Spirit. Why do you think he did this? For what purpose? {Note: Breath brings life (Gen 2:7) CCC 703, Through Jesus' redemptive work, He now unites man with the divine Holy Spirit in a fuller way than in previous times. Being united with the Holy Spirit we bring God into the world through our actions.}

**YouTube Video:** What Pentecost means for the Christian Life with Jackie and Bobby Angel (8:30 min)

<https://www.youtube.com/watch?v=OBaYT5wrnTs&feature=youtu.be>

### **Reflection or Discussion Questions:**

2. Have you ever thought about establishing a relationship with the Holy Spirit? Do you pray specifically to the Holy Spirit, or have you ever asked the Holy Spirit to come into your life in a specific way?
3. Have you ever experienced an outpouring of the Holy Spirit? In what ways did it affect your faith or actions?
4. Have you ever been so excited about your faith that you couldn't help but share it with others?
5. Bobby and Jackie talked about conversions. What does this mean to you? Do you think that conversions only happen once in a person's life? Have you gone through a conversion you would like to share?
6. What talents/charisms do you think the Holy Spirit has given you to help renew the world and build the kingdom of God?
7. Are there ways that you can think of that would help you to remain open to receiving more talents/charisms of the Holy Spirit?

**Session Challenges:** {Choose one or both}

- This week and especially at Mass, pray for a willingness to be docile to the Holy Spirit. Ask the Holy Spirit to deepen your relationship with Him and help guide you in specific ways to build the kingdom of God.
- Learn more about the Holy Spirit. This is a great article to start with: <https://mycatholic.life/the-my-catholic-life-series/my-catholic-faith/the-holy-spirit/>

**Closing Prayer:** (Leaders: We recommended offering time during the closing prayer for participants to offer personal intentions.)

*Holy Spirit, help us to recognize Your presence and guidance in our daily lives. Ignite within us a genuine desire to utilize the holy gifts that You have given us so that we may do our part in building up the kingdom of God. Amen.*

**{Optional additional Readings}** Sunday Reading 1: **Acts 2:1-11**; Reading 2: **1 Cor 12:3b-7, 12-13**