



## Year C – 29<sup>th</sup> Sunday in Ordinary Time: Faith and Persistence in Prayer

**\*{Start with reviewing the previous Meetings Challenge or discuss prior to sharing this week's challenge.}**

**Let's Begin:** Think about how the challenge went for the last session. What went well? What was difficult?

### **Opening Prayer:**

Begin with a brief moment of silence shaking off any and all distractions or difficulties of the day and remembering that God is always with us.

Read: **Luke 18:1-8** - <https://bible.usccb.org/> - 10/16/2022, 10/19/2025, 10/22/2028

After the Reading Conclude with this prayer:

*Heavenly Father, grant us the grace to pray unceasingly, to recall Your presence throughout our days. May our prayer be a communion with You, a single mindedness with Yours. May this prayer give us strength. Amen.*

### **Reflection or Discussion Question:**

1. What strikes you from this reading?

**YouTube Video:** 3 Steps to Unceasing Prayer, Fr. Mike Schmitz (5.34min)- [https://youtu.be/juN6sG\\_esjU](https://youtu.be/juN6sG_esjU)

### **Reflection or Discussion Questions:**

2. Are there any initial thoughts/feelings the video brought up for you?
3. Are there any practical things you currently do to pray throughout the day?
4. What aspects of the Ask, Offer, Accept prayer do you find most difficult? What aspects do you find easiest?
5. What do you think/feel about the concept of offering both difficult stuff and good stuff to God?
6. Does anyone have any special prayer intentions/requests you would like us all to pray for on your behalf this coming week?

**Session Challenges:** {Choose one, two or all three}

- Seek to apply and practice the Ask, Offer, Accept (AOA) prayer process each day.
- Pray for the people in your group and their special intentions.
- Every day before your next meeting, pray for faithful and holy priests and young adults willing to follow God's call to religious vocations.

**Closing Prayer:** (Leaders: We recommended offering time during the closing prayer for participants to offer personal intentions.)

*Dear God, thank You for giving us this time together. We ask that You are with us as we go about the rest of our day. We offer You our thoughts, our actions, and our words. We pray that we find You in every moment and that we are receptive to how You want to use these moments to draw us closer to You. We ask all this Your Son Jesus' name. Amen.*

**{Optional additional Readings}** Sunday Reading 1: **Ex 17:8-13**; Sunday Reading 2: **2 Tm 3:14-4:2**