



(Last Updated 2-14-2019)

YouTube Meeting Outline

Relationship with God Series

OLOSFMI Youtube Channel –

https://www.youtube.com/playlist?list=PL26Izh_ym_HPxDjwBV87ZR25eDFMzSde

General Meeting Outline Weekly Time Guideline:

Introductions, Social Time, Opening Prayer: 15-20 Min

Total Video Time: 5-14 Min

Total Discussion Time: 20-35 Min (If gathering Bi-Weekly and playing 2 videos per session, limit discussion time to 20-30 min per video depending on video length)

Closing Prayer Time with Challenge: 5 Min

Session 1: Walk in the Light

***During the beginning social time, ask how the previous session challenge went from the past week.**

Theme Bridge: *(Please read to your group before the Opening Prayer)*

We've just completed the Introduction series of Videos and will be starting the next series. To help us reflect on what we talked about, I'd like to give a brief summary of Introduction Videos.

At our first meeting, we started by discussing "Where we are going? ie What Road do we want to be on." From there we considered if "We are being open to Authentic Relationships with others and God". Next we talked about "The Importance of prayer and the ability to grow by praying together and for each other". Finally we shared "Our need to Reflect, Rest and answer some of the big questions in life to properly reorient our lives to God".

As we move forward in the year we will have the opportunity to dig a little deeper and discuss content centered on three primary themes: 1. Our Relationship with God, 2. Prayer and 3. Discipleship. The first theme "Our Relationship with God" begins with tonight's video where Mike Chamberland will ask us, if and how we are "Walking in the Light". As Mike talks about what it means to Walk in the Light, I'd invite you to consider those times in your life where you felt great peace and see if that connects in any way with what Mike has to share with us tonight. Let's now start with our Opening Prayer.

Opening Prayer:

Read: Galatians 5:22-23 or John 12:35 or 1 John 1:5

Heavenly Father, as we begin this journey together we welcome you to join us. Help us to walk in the light so as to draw closer to You. May we be open, humble and ready to share so that others, especially myself, may grow. Amen.

YouTube: Mike Chamberland (7:13 Min) -

https://youtu.be/a6hXmgecdOs?list=PL26Izh_ym_HPxDjwBV87ZR25eDFMzSde

Small Group Questions:

1. What did you think? Any initial thoughts/feelings this video brought up?
2. What did you think about the quote shared in the video about competing and comparing things to yourself over and above others? (*Quote: If you want to be champion, compete. If you want to be a great champion, compete against great competitors. If you want to be the greatest champion, compete against yourself.*)
3. What is one thing you feel you have done this past year to walk in the light?
4. A great way to measure our growth in holiness and light is to consider if we exhibit more of the fruits of the Spirit today than yesterday or a week ago or a year ago. (*The fruits of the spirit can be found in Galatians 5:22-23*). **Leader: Take a moment to read this reading and discuss concrete things we can do or sacrifices that can be made so that we increase in these fruits.**
5. What is something you would like to intentionally take on this next week/month/year to encourage your walk in the light?

Individual Challenge for the week:

Read Galatians 5:22-23 each day and ask, "How can I be more loving, joyful, peaceful, forbearing, kind, good, faithful today?"

Closing Prayer:

Heavenly Father, you have called us out of darkness and to yourself in the light. Please enlighten our minds, enflame our hearts and ignite our wills so that we may follow you more perfectly. Fill us with your Holy Spirit and your many fruits and gifts so we may be a blessing to all those we encounter each day. Amen.

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Session 2: Who is Jesus?

***During the beginning social time, ask how the previous session challenge went from the past week.**

Opening Prayer:

Dear Father, as we gather tonight we want to thank you for an opportunity to meet again as a group this week. We pray for our ears and hearts to be opened so we may come to understand who you are and who we are to you. Continue to watch over us and help us to feel the love you wish to shower over us. We ask this in your name. Amen.

YouTube Video: Matthew Kelley (6:16 Min)- <https://www.youtube.com/watch?v=kukUOuVMvPQ>

Small Group Questions:

1. Before this video, how would you have answered “the Jesus question: Who do you say I am”?
2. Matthew Kelley referenced C.S. Lewis when he said “We have 3 choices when it comes to Jesus: he’s either a liar, a lunatic, or the Messiah he claims to be.” What are your thoughts on these 3 choices?
3. What aspects of the evidence presented did you find convincing/not convincing?
4. After this video, how would you answer “the Jesus question: Who do you say I am”?

Individual Challenge for the week:

Reflect on this scripture verse - “For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him.” (John 3:16-17)

Closing Prayer:

Heavenly Father, we thank you for the gift of faith in our lives. Your goodness and grace are endless. Help us to align our lives with your purposes. Guide us as we walk by unwavering faith in you. Fill us with your Holy Spirit so we may become vibrant signs of your existence in this world. Amen.

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Session 3: Why did Jesus have to die the way he did?

***During the beginning social time, ask how the previous session challenge went from the past week.**

Print the sheet at the bottom to distribute to the group so this prayer can be done together.

Opening Prayer (*Said together as a group*): *Dear Jesus, I struggle with the right words and how to express what is on my heart. Help to give me the words I need to talk to you. Allow my ears to hear your whispers and understand the desires you place on my heart. I ask you to hear this prayer and those that I am unable to express. In the name of Jesus Christ. Amen.*

YouTube Video: Bishop Barron (4:37 Min) - <https://www.youtube.com/watch?v=CtcKV65-9uY>

Small Group Questions:

1. How would Jesus have been received differently if he were not born of humble origins?
2. How does Jesus continue to awaken resistance within you and within the broader culture?
3. Bishop Barron points out examples of human opposition to Jesus (forms of human dysfunction):
 - Explicit betrayal of Judas (turn your back on your mentor)
 - More subtle forms like Peter who denies that he knows Jesus
 - The disciples who fall asleep at his moment of truth (sloth)
 - Pontius Pilate who knows the truth but won't follow through on it
 - The incredible brutality of the temple guards or Roman guards (physical abuse)
 - Those who would mock him even as he hangs dying
 - Betrayal, Denial, sloth, injustice/disorder, turn from truth, physical abuse, mocking

Which forms of betrayal resonate with you? Someone you know? Our world?

5. Jesus says "Shalom" and "peace" to those who abandoned Him. We killed God and he still loves us. What does that say about how we should treat our brothers and sisters?
6. What does the cross mean to you? Did it change after watching this video?

Individual Challenge for the week:

Through Christ a perfect sacrifice has been given for our salvation. How are you living Gods example through forgiveness of others and displaying His love through sacrifice?

Closing Prayer:

Heavenly Father, thank you for Your Son, Jesus, and the eternal relationship we can have with Him. Help us to choose Him as our "Lord and our God" today and from this day forward. Guide us as we grow stronger in our faith and live as devoted examples of your peace, strength, and grace in this world. Amen.

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Session III: Why and How do I pray?

Opening Prayer (Said together as a group): Dear Jesus, I struggle with the right words and how to express what is on my heart. Help to give me the words I need to talk to you. Allow my ears to hear your whispers and understand the desires you place on my heart. I ask you to hear this prayer and those that I am unable to express. In the name of Jesus Christ. Amen.

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Session 4: What is Sin?

***During the beginning social time, ask how the previous session challenge went from the past week.**

Opening Prayer: *(Optional – Leader may distribute copies of this prayer to each group member to pray together as a group.)*

Heavenly Father, open our eyes and minds to the areas in our life that need tending and healing. Help us to detest sin as it keeps us from being our truest self and ultimately keeps us from pleasing you. Amen.

YouTube Video: Fr. Mike Schmitz (6 Min) - <https://www.youtube.com/watch?v=s3iOar7VleU>

Small Group Questions:

1. Before this video, how would you have explained “sin”?
2. Fr. Schmitz said “evil isn’t a thing, it’s an absence of a good or intentional distortion of a good” just like blindness or communication. How does this change your explanation of evil?
3. How is it more or less helpful to think of sin as “intentionally breaking the relationship with God” or “hurting a friend of ours” instead of to think of sin as breaking a law or a commandment?
4. Did you know that God’s will is to forgive you?
5. Have you ever thought of confession as “letting God forgive you” because he already wants to?
6. How would you explain “sin” after watching this video?

Individual Challenge for the week:

Let God forgive you this week and walk forward into your week with God at your side.

Closing Prayer:

Dear Lord, we realize that sin has a ripple effect that many times cannot be seen by us. Help us to turn away from the sin in our lives. Open our eyes to clearly see the distortion and misuse of your good. Reveal to us your will, your heart, and your goodness. Draw us more deeply into your heart so we can see when we hurt you and how we are breaking our relationship with you. Help us to choose what you want above our own desires, so we can make room for your forgiveness to meet our hearts. Build our faith to turn away from fear and trust in your goodness. In the name of Jesus Christ. Amen

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Session 5: The Struggle with Forgiveness

***During the beginning social time, ask how the previous session challenge went from the past week.**

Opening Prayer: *(Optional – Leader may distribute copies of this prayer to each group member to pray together as a group.)*

Jesus I want to follow you. I want to learn from you. I want to go where you would have me go and do what you would have me do. Change my heart to one of a devoted disciple. Amen.

YouTube Video: Fr. John Bartunek, LC (5:51Min)- <https://www.youtube.com/watch?v=-3-J7hTTX3E>

Small Group Questions:

1. What are some general thoughts/feelings you have about what was said in this video?
2. What about this video do you find most challenging?
3. What about this video do you find most exciting and positive?
4. Do you find the distinction between emotion/feeling and decision difficult in your own life? Why do you think that is?
5. Are you willing to share a time in your life when forgiveness was truly impactful?

Individual Challenge for the week:

Reflect on what “baggage” you carry and/or those in your life you need to forgive. Ask for God’s grace to drop your “baggage” and forgive those in your life.

Closing Prayer:

Let the group know that you will be offering time for them to pray out loud their intentions.

Dear Jesus, we have burdens we carry. We lift up our hearts to you and offer our individual intentions that may be weighing heavy on our hearts at this time... {allow time for people to offer up any prayers for themselves or others} We pray for these intentions and those left unsaid. In your name Jesus Christ, Amen.

Emmaus Small Group: YouTube Relationship with God Series

Session 6: Will God heal my wounds?

***During the beginning social time, ask how the previous session challenge went from the past week.**

Opening Prayer: *(Optional – Leader may distribute copies of this prayer to each group member to pray together as a group.)*

Dear Jesus, we come to you today wounded. We willingly give you access to our hearts through our wounds. Shower us with the grace we need to walk in holiness in the mist of our weakness and we pray that your power is made visible through our weakness. Amen

YouTube Video: Fr. Mike Schmitz (8:48 Min) - <https://www.youtube.com/watch?v=OUzWbZWkh6A>

Small Group Questions:

1. Fr. Mike says freedom is not the power to do what I want, it's the power to do what I ought to do. Does this resonate with you?
2. What comes to mind when you hear "God can heal us through our wounds, but perhaps not from our wounds"?
3. Have you ever experienced, or witnessed someone else content with weakness?
4. How have you felt close to God in the midst of suffering? Have you experienced wounds as "God's access points to our hearts?"
5. How can you start living the freedom and power of "doing what I ought to do, instead of what I ought to do" today?

Individual Challenge for the week:

Pray on the thought that "when we are weak, we are strong."

Closing Prayer:

Lord, if it's Your will that we live in the midst of our circumstances, if it's Your will that we are not healed from our wounds, if it's your will that we experience woundedness; help us to be content with our weakness for the sake of Christ because when we are weak, we are strong. We lift up our hearts to you and offer our individual intentions that may be weighing heavy on our hearts at this time.... {allow time for people to offer up any prayers for themselves or others} We pray for these intentions and those left unsaid. In your name Jesus Christ, Amen.

Emmaus Small Group: YouTube Relationship with God Series

Session 7: On the Holy Spirit

***During the beginning social time, ask how the previous session challenge went from the past week.**

Opening Prayer: *(Optional – Leader may distribute copies of this prayer to each group member to pray together as a group.)*

Come Holy Spirit, Fill our Hearts. Make us your own. Amen.

YouTube Video: Bishop Barron (12:02 Min) - <https://youtu.be/1INut0Gi09Q>

Small Group Questions

1. Which fruits do you most readily see in your life? And which ones do you wish you saw more of? (Love, Joy, Peace, Patience, Kindness, Generosity, Faithfulness, Gentleness, and Self-Control)
2. What does it mean to you to be “spiritual?”
3. When have you felt true Joy?
4. How can someone look at frustrating, irritating, or painful experiences as an occasion for love?
5. In what ways can someone be generous other than money?
6. How do you regularly welcome the Holy Spirit into your heart?

Individual Challenge for the week:

Take time this week to talk to the Holy Spirit and ask Him to come more deeply into your life.

Closing Prayer:

Dear Holy Spirit, you are the love that connects the Father and Son. Breathe a renewed vigor into our desire to draw closer to God the Father and His son Jesus Christ. Help us to want the good of another, not for our own sake but for the sake of the other. Help us to see our interactions with others as an occasion for love. Make visible the path that will allow us to be the most generous. Help our faith to mature and help us to order our physical and spiritual energy to love. Holy Spirit we desire your peace and joy. Come Holy Spirit, come. Renew the hearts of your people. Amen.

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Session 8: Is God the center of your life?

***During the beginning social time, ask how the previous session challenge went from the past week.**

Opening Prayer: *(Optional – Leader may distribute copies of this prayer to each group member to pray together as a group.)*

God, help me to make you the center of my life. May I not be so foolish as to try and hide parts of my life from you. Give me the courage to give you everything that I am. To give you a blank check. Amen.

YouTube Video: Fr. Mike Schmitz (4:35 Min) - <https://youtu.be/O6kDFgaq4Pg>

Small Group Questions

1. What does it mean to have God at the CENTER of your life?
2. Is God your Priority? Or one of your “priorities?”
3. What happens to you when you make time with God the most important part of your day?
4. What are ways you can honor God with your money?
5. Does your faith influence what you listen to or watch on TV or the Internet?
6. What is one thing you’d like to start putting God ahead of?

Individual Challenge for the week:

Choose one day of the week by putting God first and evaluate how that day went.

Closing Prayer:

Dear God, help us to place you at the center of our lives. Especially, evaluating how we spend our time and money. Let us look at what we are allowing to enter our minds and give us the insight to look for holy sources of media. We lift up our hearts to you and offer our individual intentions that may be weighing heavy on our hearts at this time.... {allow time for people to offer up any prayers for themselves or others} We pray for these intentions and those left unsaid. In your name Jesus Christ, Amen.